



TEST YOUR
OMEGA-3
INDEX



SIMPLY HEALTHY

TUESDAY, 31ST OF MARCH 2020, 7.45 PM

The lecture highlights the importance of Omega-3 fatty acids for our cellular health. Learn how Omega-3 and Vitamin K2 can create the foundation of your health.

Length of the lecture: 45 minutes.

Sign-up via E-Mail to
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ANJA RIESENBERG

Owner of Studio.12 Munich, therapist for KPNI (Clinical Psycho-Neuro-Immunology) and alternative practitioner.

INGRID BERGER

Graduate biologist, sports trainer, gathered many years of experience in drug development, and trainer for mindfulness and resilience.

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