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TEST YOUR  
OMEGA-3  
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# SIMPLY HEALTHY

TUESDAY, 28TH OF APRIL 2020, 8.00 PM

The lecture highlights the importance of Omega-3 fatty acids for our cellular health. Learn how Omega-3 and Vitamin K2 can create the foundation of your health.

Length of the lecture: 45 minutes.

Sign-up via E-Mail

[anja@studio12-munich.com](mailto:anja@studio12-munich.com)

## ANJA RIESENBERG

Owner of Studio.12 Munich, therapist for KPNI (Clinical Psycho-Neuro-Immunology) and alternative practitioner.

## INGRID BERGER

Graduate biologist, sports trainer, gathered many years of experience in drug development, and trainer for mindfulness and resilience.

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POSSARTSTRASSE 12 . 81679 MÜNCHEN

+49 89.47 07 87 54 . [INFO@STUDIO12-MUNICH.COM](mailto:INFO@STUDIO12-MUNICH.COM)

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